

Design and technology, and Art and design

Long term plan

This EYFS: Reception, Key stage 1 and Key stage 2 plan is designed for those schools who alternate between teaching Design and technology and Art and Design each half term. Schools must subscribe to **both** the Art and design and the Design and Technology subjects with Kapow primary to access all the lessons on this plan.

This document is regularly updated to reflect changes to our content. This version was created on 12.02.26 and the most recent version can always be found [here](#).

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*Kapow
Primary™*

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As our units are shorter than six weeks, we have added some suggestions for stand-alone lessons.

	Autumn term		Spring term		Summer term		Stand alone lessons
	Design and technology	Art and design	Design and technology	Art and design	Design and technology	Art and design	
EYFS: Reception	Structures: Junk modelling (6 lessons)	Drawing: Marvellous marks (6 lessons)	Textiles: Bookmarks (6 lessons)	Painting and mixed media: Paint my world (6 lessons)	Structures: Boats (6 lessons)	Sculpture and 3D: Creation station (6 lessons)	<p>Design and technology Unit: Seasonal projects - as and when relevant throughout the year.</p> <p>Art and design Seasonal Crafts as and when relevant throughout the year.</p>
Year 1	Option 1: Structures: stable structures (5 lessons) Option 2: Structures: Constructing a windmill (4 lessons)	Drawing: Exploring line and shape (5 lessons)	Option 1: Textiles: Simple stitches (5 lessons) Option 2: Textiles: Puppets (4 lessons)	Sculpture and 3D: Paper play (5 lessons)	Smoothies (6 lessons)	Painting and mixed media: Colour splash (5 lessons)	<p>Design and technology Option 1: Unit: Mechanisms: Matching slider game (Lesson 1 and/or 2) Option 2: Unit: Mechanisms: Making a moving storybook (Lesson 1)</p> <p>Art and design Unit: Craft: Woven wonders (Lesson 1, 2 and/or 3)</p>
Year 2	Drawing: Understanding tone and texture (5 lessons)	Option 1: Structures: A chair for a bear (5 lessons) Option 2: Structures: Baby bear's chair (4 lessons)	Painting and mixed media: Life in colour (5 lessons)	Mechanisms: Fairground wheel (5 lessons)	Sculpture and 3D: Clay houses (5 lessons)	Option 1: Mechanisms: Levers (5 lessons) Option 2: Mechanisms: Making a moving monster (4 lessons)	<p>Design and technology Unit: Cooking and nutrition: Balanced diet (Lesson 1)</p> <p>Art and design Unit: Drawing: Tell a story (Lesson 2, 4 and/or 5)</p>
Year 3	Digital world: Wearable technology (6 lessons)	Developing drawing skills (5 lessons)	Option 1: Structures: Product packaging (5 lessons) Option 2: Structures: Constructing a castle (4 lessons)	Craft and design: Ancient Egyptian scrolls (5 lessons)	Cooking and nutrition: Eating seasonally (6 lessons)	Sculpture and 3D: Abstract shape and space (5 Lessons)	<p>Design and technology Unit: Textiles: Cross-stitch and appliqué (Lesson 1) Unit: Mechanical systems: Pneumatic toys (Lesson 1 and/or 2)</p> <p>Art and design Unit: Painting and mixed media: Prehistoric painting (Lesson 1, 3 and/or 4)</p>

As our units are shorter than six weeks, we have added some suggestions for stand-alone lessons.

	Autumn term		Spring term		Summer term		Stand alone lessons
	Art and design	Design and technology	Art and design	Design and technology	Art and design	Design and technology	
Year 4	Drawing: Exploring tone, texture and proportion (5 lessons)	Option 1: Structures: Helmets (5 lessons) Option 2: Structures: Pavilions (4 lessons)	Painting and mixed media: Light and dark (5 lessons)	Mechanical systems: Mechanical cars (5 lessons)	Craft and design: Fabric of nature (5 lessons)	Electrical systems: Torches (4 lessons)	Design and technology Unit: Cooking and nutrition: Adapting a recipe (Lesson 2) Unit: Textiles: Fastenings (Lesson 1) Art and design Unit: Sculpture and 3D: Mega materials (Lesson 1, 2 and/or 5)
Year 5	Design and technology	Art and design	Design and technology	Art and design	Design and technology	Art and design	Art and design Unit: Craft and design: Architecture (Lesson 3, 4 and/or 5)
	Option 1: Electrical systems: Wobble bots (5 lessons) Option 2: Electrical systems: Doodlers (4 lessons)	Sculpture and 3D: Interactive installation (5 lessons)	Mechanical systems: Gears and pulleys (5 lessons)	Drawing: Depth, emotion and movement (5 lessons)	Developing a recipe (6 lessons)	Painting and mixed media: Portraits (5 lessons)	
Year 6	Art and design	Design and technology	Art and design	Design and technology	Art and design	Design and technology	Art and design Unit: Painting and mixed media: Artist study (Lesson 1, 4 and/or 5)
	Craft and design: Photo opportunity (5 lessons)	Option 1: Textiles: Bags (5 lessons) Option 2: Textiles: Waistcoats (4 lessons)	Drawing: Expressing ideas (5 lessons)	Option 1: Playground pioneers (5 lessons) Option 2: Structure: Playgrounds (4 lessons)	Sculpture and 3D: Making memories - (5 lessons)	Digital world: Navigating the world (5 lessons)	

Why have we chosen to include these **Art and design** units?

All Kapow Primary **Art and design** units provide coverage of the national curriculum so that you could choose any combination of units to suit your school. We have suggested retaining the three units per year group that give the best overall skills coverage when combined with the Design and technology units.

The Art and design units have been given the titles Drawing, Painting and mixed media, Sculpture and 3D and Craft and design to make skills progression within the spiral curriculum more easily identifiable. However, it is important to remember that skills in Art and design flow between units; the curriculum has been designed to be holistic.

You will find that, for example, drawing skills appear in almost every unit; children may apply what they have learned about mixed-media to a task in a Sculpture and 3D unit, and so on. When identifying skills for assessment, it will help to consider skills coverage from across all the units taught within the year group.

Because our Art and design units are designed to take five lessons, we have also included some suggestions for stand alone lessons which you could use if you find that you have lessons 'to spare.' Please note that the skills and knowledge from these stand alone lessons is **not** included on the *Progression of knowledge and skills – combined*.



Drawing

- Exploring mark-making in all its forms, experimenting with line, tone and texture and using a wide range of materials to express their ideas as drawings.
- Using sketchbooks to record observations and plans as drawings.
- Learning about how artists develop their ideas using drawings.



Painting and mixed media

- Developing painting skills including colour mixing, painting on a range of surfaces and with different tools.
- Exploring the interplay between different media within an artwork.



Sculpture and 3D

- Investigating ways to express ideas in three-dimensions.
- Constructing and modelling with a variety of materials, shaping and joining materials to achieve an outcome.
- Developing drawn ideas into sculpture.



Craft and design

- Designing and making art for different purposes, considering how this works in creative industries.
- Learning new making techniques, comparing these and making decisions about which to use to achieve a particular outcome
- Developing personal, imaginative responses to a design brief

Why have we chosen to include these Design and technology units?

For Design and technology, we had to make some difficult decisions about which units to include and which to omit. We have carefully selected units to ensure gradual progression towards the National curriculum end of key stage attainment targets and to cover all of the four strands shown below in enough detail.

Design

Make

Evaluate

Technical knowledge

Some key areas appear less frequently than others, for example Textiles, and this is deliberate. The National curriculum statements below show that working with textiles is only a small element of the Make strand and many of the making techniques covered in our Textiles units are also covered with a range of materials in other units, such as the use of templates, modelling, measuring and marking out, cutting, shaping and joining.

Make (KS1)

select from and use a range of tools and equipment to perform practical tasks [for example, cutting, shaping, joining and finishing] **select from and use a wide range of materials** and components, including construction materials, textiles and ingredients, according to their characteristics

Make (KS2)

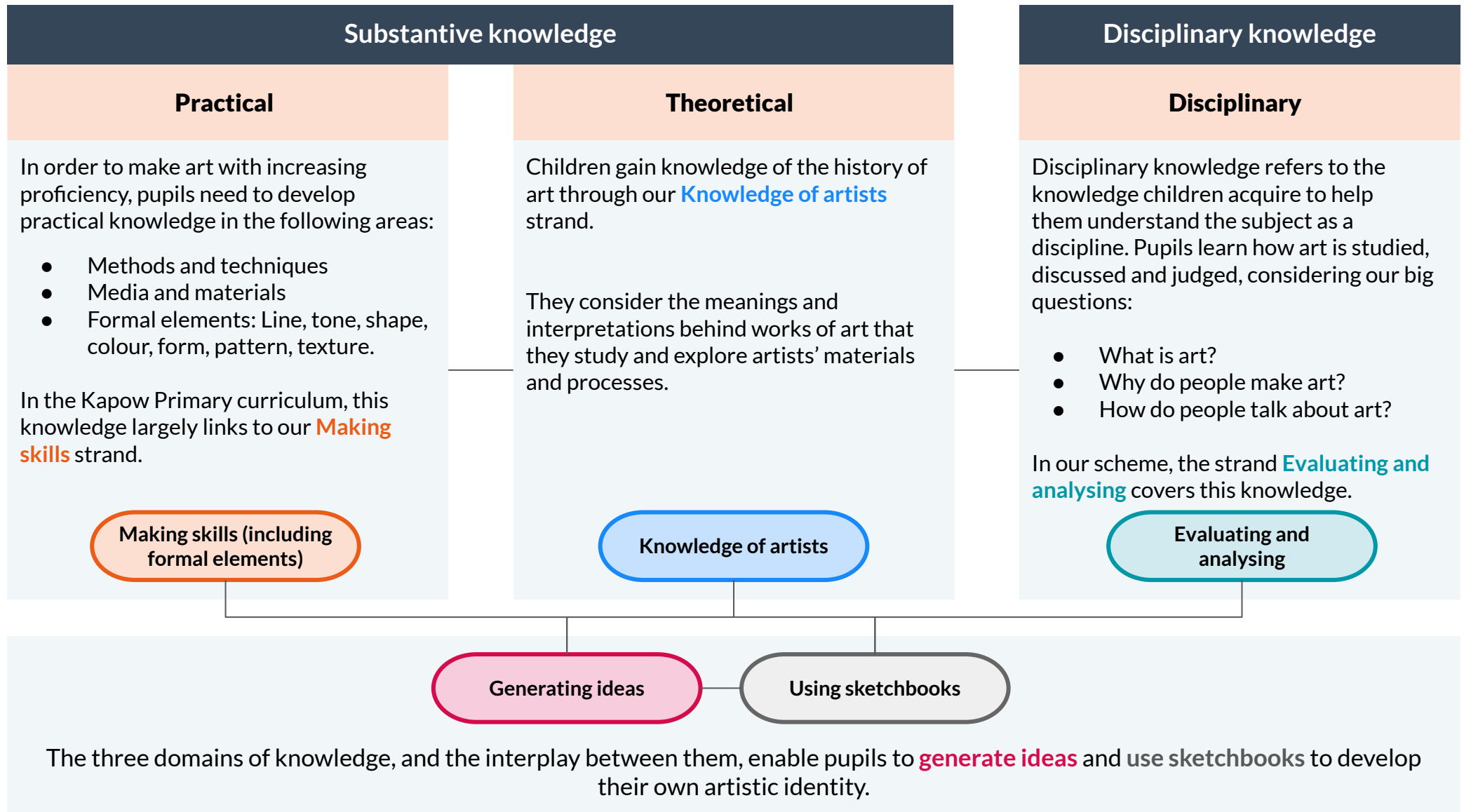
select from and use a wider range of tools and equipment to perform practical tasks [for example, cutting, shaping, joining and finishing], accurately **select from and use a wider range of materials** and components, including construction materials, textiles and ingredients, according to their functional properties and aesthetic qualities

Similarly in Year 2, the coverage of key areas is deliberately imbalanced as there are two Mechanisms units. This is because there is strong progression between the Y1 Structures: Constructing a windmill and the Y2 Mechanisms: Fairground wheel and then again with the Y2 Mechanisms: Making a moving monster. To omit one of these units would negatively impact on the progression.

Because our Design and technology units are designed to take four lessons, we have also included some suggestions for stand alone lessons which you could use if you find that you have lessons 'to spare.' Please note that the skills and knowledge from these stand alone lessons is **not** included on the *Progression of knowledge and skills – combined*.

Types of knowledge in Art and design

In response to the [Ofsted research review series: Art and design](#) publication (Ofsted, 2023) we have shown how the different types of knowledge build in our progression of skills for Art and design. This page shows how those forms of knowledge are interconnected.



Oracy in **Art and design** and **Design and technology**

‘Oracy is the ability to speak eloquently, to articulate ideas and thoughts, to influence through talking, to collaborate with peers and to express views confidently and appropriately.

Oracy refers both to the development of speaking and listening skills, and the effective use of spoken language in teaching and learning. It is to speech what literacy is to reading and writing, and numeracy is to Maths.’

Speak for Change: Final report and recommendations from the Oracy All-Party Parliamentary Group Inquiry.

Learning *through* talk

At Kapow Primary, we believe it's crucial to provide pupils with opportunities for exploratory talk during their learning. This involves thinking aloud, questioning, discussing, and collaboratively building ideas.

Learning *to* talk

Similarly, developing oracy skills is essential for pupils to express and articulate themselves effectively across various contexts and settings, including formal ones like public speaking, debates, and interviews.

Through our **Art and design** curriculum, pupils have opportunities to develop their oracy skills by:

- Explaining and justifying their choices of materials, methods, and techniques.
- Engaging in paired and group discussions.
- Presenting and explaining their artwork and ideas to peers and the class.
- Analysing and critiquing the work of others as well as established artists.
- Collaborating on group artwork.
- Responding to high-level questions such as ‘What is art?’ by articulating and defending their ideas.

Through our **Design and technology** curriculum, pupils have opportunities to develop their oracy skills by:

- Presenting their design ideas or products to audiences of different sizes.
- Explaining designs, preferences or final products.
- Role-playing from the point of view of the user.
- Discussing products and design ideas using new vocabulary.
- Collaborating by organising tasks within a group.
- Critiquing others’ designs and products.
- Reflecting on and responding to feedback towards their own designs and products.
- Summarising design ideas.

Reception

Autumn term	<p>Structures: Junk modelling</p> <p>Exploring and learning about various types of permanent and temporary join. Pupils are encouraged to tinker using a combination of materials and joining techniques in the junk modelling area.</p>
	<p>Drawing: Marvellous marks</p> <p>Exploring mark making and using the language of texture, children use wax crayons to make rubbings and chalk on different surfaces. They use felt tips to explore colour and pencils to create observational drawings of their faces.</p>
Spring term	<p>Textiles: Bookmarks</p> <p>Developing and practising threading and weaving techniques using various materials and objects. Pupils look at the history of the bookmark from Victorian times versus modern-day styles. The pupils apply their knowledge and skills to design and sew their own bookmarks.</p>
	<p>Painting Paint my world</p> <p>Creating child-led paintings using fingers and natural items as tools, children learn that colours can be mixed and that paintings can be abstract or figurative. They make collages and explore different techniques for using paint when creating splatter pictures.</p>
Summer term	<p>Structures: Boats</p> <p>Exploring what is meant by 'waterproof', 'floating' and 'sinking', pupils experiment and make predictions with various materials to carry out a series of tests. They learn about the different features of boats and ships before investigating their shape and structures to build their own.</p>
	<p>Sculpture and 3D: Creation station</p> <p>Manipulating playdough and clay to make animal sculptures and their own creations, children begin to use language associated with forces: push, pull, twist etc. They create natural landscape pictures using items they have found outdoors.</p>



	Year 1	Year 2
Autumn term	<p>Option 1: Structures: Stable structures Understand what structures are and where we find them. Explore some ways to make structures more stable. Design a stable product (a pencil pot) for a specific user. Begin to use technical skills such as cutting evenly spaced cuts and joining parts of a structure using an appropriate method.</p> <p>Option 2: Structures: Constructing windmills Construct a windmill to complete a request from a user. Develop an understanding of different types of windmill, how they work and their key features. Begin to use technical skills such as making evenly spaced cuts and adding weight to ensure a successful structure.</p>	<p>Drawing: Understanding tone and texture Developing drawing skills by exploring and experimenting with a range of materials, the children make marks that suggest surface texture and light and dark. They learn how to build a drawing by sketching basic shapes and adding detail, leading to a final observational piece that shows an emerging understanding of shading and texture.</p>
	<p>Drawing: Exploring line and shape Exploring line and shape through a range of materials and stimuli, children develop control and creativity as they investigate the work of artists Bridget Riley and Paul Klee. Inspired by these artists, the children experiment with expressive mark-making and portrait drawing. They learn how lines can vary in appearance and form shapes and begin to recognise shapes within forms to help them draw more accurately.</p>	<p>Option 1: Structures: A chair for a bear Using the story of There's a Bear on My Chair as inspiration, pupils will make a new chair for the bear in the story. They will first learn about strong shapes and stiff and flexible materials to help make choices when building their chairs.</p> <p>Option 2: Structures: Baby bear's chair Using the tale of Goldilocks and the Three Bears as inspiration, children help Baby Bear by making him a brand new chair. When designing the chair, they consider his needs and what he likes and explore ways of building it so that it is strong.</p>
Spring term	<p>Option 1: Simple stitches Introducing fabrics as materials made from different types of threads. Pupils learn how to thread a needle and make simple rows of stitches in embroidery fabric, then apply these skills to design and stitch a design onto a piece of bunting.</p> <p>Option 2: Textiles: Puppets Exploring different ways of joining fabrics before creating their own hand puppets based upon characters from a well-known fairytale. Children work to develop their technical skills of cutting, glueing, stapling and pinning.</p>	<p>Painting and mixed media: Life in colour Taking inspiration from the collage work of artist Romare Bearden, children consolidate their knowledge of colour mixing and create textures in paint using different tools. They create their own painted paper in the style of Bearden and use it in a collage, linked to a theme suited to their topic or classwork.</p>
	<p>Sculpture and 3D: Paper play Creating simple three dimensional shapes and structures using familiar materials, children develop skills in manipulating paper and card. They fold, roll and scrunch materials to make their own sculpture. There are opportunities to extend learning to make a collaborative sculptural piece based on the art of Louise Bourgeois.</p>	<p>Option 1: Levers Investigating different types of levers and how they work.</p> <p>Option 2: Mechanisms: Fairground wheel Design and create a functional fairground wheel, consider how the different components fit together so that the wheel rotates and the structure stands freely. Select appropriate material properties and develop their cutting and joining skills. Research existing structures and survey to further inform the design.</p>
Summer term	<p>Cooking and nutrition: Smoothies Handle and explore fruits and vegetables and learn how to identify fruit, before undertaking taste testing to establish chosen ingredients for a smoothie they will make, with accompanying packaging.</p>	<p>Sculpture and 3D: Clay houses Developing their ability to work with clay, children learn how to create simple thumb pots then explore the work of sculptor Rachel Whiteread and apply her ideas in a final piece that uses techniques such as cutting, shaping, joining and impressing into clay.</p>
	<p>Painting and mixed media: Colour splash Exploring colour mixing through paint play, children use a range of tools and work on different surfaces. They create paintings inspired by Clarice Cliff and Jasper Johns.</p>	<p>Mechanisms: Making a moving monster After learning the terms; pivot, lever and linkage, children design a monster which will move using a linkage mechanism. Children practise making linkages of different types and varying the materials they use to bring their monsters to life.</p>

	Year 3	Year 4
Autumn term	<p><u>Cooking and nutrition: Eating seasonally</u> Pupils discover when and where fruits and vegetables are grown and learn about seasonality in the UK. They respond to a design brief to design a seasonal food tart using ingredients harvested in the UK in May and June.</p>	<p><u>Drawing: Exploring tone, texture and proportion</u> Exploring tone, texture and proportion to create realistic and expressive drawings, the children take inspiration from artists Sarah Graham, Nicola McBride and Beatriz Milhazes. Using sweets, wrappers and bold patterns as stimuli, the children develop skills in shading, mark-making and composition to produce detailed drawings with a strong sense of form and proportion.</p>
	<p><u>Developing drawing skills</u> Developing drawing skills through observation, shape and tone, the children practise drawing objects using simple shapes, building even tones with pencil and adding detail by closely observing pattern and texture. They apply these skills in imaginative plant drawings and explore how to recreate their ideas as digital artwork.</p>	<p>Option 1: <u>Structures: Helmets</u> Exploring shell structures and how they are strengthened to protect or contain. Creating a helmet for a specific user and strengthening it using layering. Option 2: <u>Structures: Pavilions</u> Exploring pavilion structures, children learn about what they are used for and investigate how to create strong and stable structures before designing and creating their own pavilions, complete with cladding.</p>
Spring term	<p><u>Digital world: Wearable technology</u> Design, code and promote a piece of wearable technology to use in low light conditions, developing their understanding of programming to monitor and control products to solve a design scenario.</p>	<p><u>Painting and mixed media: Light and dark</u> Developing colour mixing skills, using shades and tints to show form and create three dimensions when painting. Pupils learn about composition and plan their own still life to paint, applying chosen techniques.</p>
	<p><u>Craft and design: Ancient Egyptian scrolls</u> Learning about the way colour, scale and pattern influenced ancient Egyptian art, children explore the technique of papermaking to create a papyrus-style scroll. Ideas are extended to create a modern response by designing a 'zine'.</p>	<p><u>Mechanical systems: Mechanical cars</u> Pupils build three prototype mechanical cars and select the best features to design their final product: a mechanical car kit. They create design criteria, conduct competitor market research and act as customers to provide feedback.</p>
Summer term	<p>Option 1: <u>Structures: Product packaging</u> Exploring how 3D shell structures are created from nets and used in packaging. Option 2: <u>Structures: Constructing a castle</u> Learning about the features of a castle, pupils design and make one of their own. They will also be using configurations of handmade nets and recycled materials to make towers and turrets before constructing a stable base.</p>	<p><u>Craft and design: Fabric of nature</u> Using flora and fauna of tropical rainforests as a starting point, children develop drawings through experimentation and textile-based techniques to a design a repeating pattern suitable for fabric.</p>
	<p><u>Sculpture and 3D: Abstract shape and space</u> Exploring how shapes and negative spaces can be represented by three dimensional forms. Manipulating a range of materials, children learn ways to join and create free-standing structures inspired by the work of Anthony Caro and Ruth Asawa.</p>	<p><u>Electrical systems: Torches</u> Applying their scientific understanding of electrical circuits, children create a torch, designing and evaluating their product against set design criteria.</p>

	Year 5	Year 6
Autumn term	<p><u>Electrical systems: Wobble bots</u> Exploring circuits, introducing motors and learning about how they are used in everyday products. Pupils investigate how to make wobble bots that use an off-centre weight on the motor's axle to create a wobbling motion. Pupils then design and make a new product for a user using the results from their investigations.</p> <p><u>Electrical systems: Doodlers</u> Explore series circuits further and introduce motors. Explore how the design cycle can be approached at a different starting point, by investigating an existing product, which uses a motor, to encourage pupils to problem-solve and work out how the product has been constructed, ready to develop their own.</p>	<p><u>Craft and design: Photo opportunity</u> Exploring photography as a medium for expressing ideas, pupils investigate scale and composition, colour and techniques for adapting finished images. They use digital media to design and create photographic imagery for a specific design brief.</p>
	<p><u>Sculpture and 3D: Interactive installation</u> Using inspiration of historical monuments and modern installations, children plan by researching and drawing, a sculpture to fit a design brief. They investigate scale, the display environment and possibilities for viewer interaction with their piece.</p>	<p>Option 1: <u>Textiles: Bags</u> Design bags for a specific user using pattern piece templates. Choose features to add to the designs that are aesthetic or functional. Sew features onto the bags, such as fastenings and pockets.</p> <p>Option 2: <u>Textiles: Waistcoats</u> Selecting suitable fabrics, using templates, pinning, decorating and stitching to create a waistcoat for a person or purpose of their choice.</p>
Spring term	<p><u>Mechanical systems: Gears and pulleys</u> Investigate the history, mechanics, and uses of gears and pulleys. Construct a gear and pulley system and design an eco-bike that utilises energy from an exercise bike for practical work.</p>	<p><u>Drawing: Expressing ideas</u> Exploring how drawing can be used to express ideas and messages, the children take inspiration from a range of street art examples. They investigate how artists use perspective, scale and proportion to create impact, then develop these skills to design and create a street art-inspired final piece about sustainability and the environment.</p>
	<p><u>Drawing: Depth, emotion and movement</u> Exploring how drawing can express emotion, movement and depth, the children take inspiration from artists Charlie Mackesy and Elizabeth Catlett. They use expressive lines and marks to convey feeling and energy, develop shading techniques to show depth and form and investigate composition through drawing and printmaking. This leads to a final piece that combines personal ideas with artist influence.</p>	<p>Option 1: <u>Structures: Playground pioneers</u> Design and make a playground structure that fits within a defined set of constraints. Use computer-aided design and apply knowledge of reinforcement through triangulation. Create a prototype of a structure with a wooden frame and apply a quality finish.</p> <p>Option 2: <u>Structures: Playgrounds</u> Designing and creating a model of a new playground featuring five apparatus, made from three different structures. Creating a footprint as the base, pupils visualise objects in plan view and get creative with their use of natural features.</p>
Summer term	<p><u>Cooking and nutrition: Developing a recipe</u> Research and modify a traditional bolognese sauce recipe to improve the nutritional value. Cook improved version and create packaging that fits design criteria. Learn about where beef comes from.</p>	<p><u>Sculpture and 3D: Making memories</u> Creating a personal memory box using a collection of found objects and hand-sculptured forms, reflecting primary school life with symbolic and personal meaning.</p>
	<p><u>Painting and mixed media: Portraits</u> Investigating self-portraits by a range of artists, children use photographs of themselves as a starting point for developing their own unique self-portraits in mixed-media.</p>	<p><u>Digital world: Navigating the world</u> Programming a navigation tool to produce a multifunctional device for trekkers. Combining 3D objects to form a complete product in CAD 3D modelling software and presenting a pitch to 'sell' their product.</p>



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This page shows recent updates to this document.

Date	Update
18.10.24	Updated links to reflect new unit published.
22.10.24	Removed suggestions for lessons to omit from reception (p.3).
14.02.25	Updated broken links.
23.04.25	Added p.13 with information about the new Drawing units available for 2025/26.
13.05.25	Added information about all eight condensed Kapow Primary subjects (p.14).
22.05.25	Updated to reflect newly published unit.
27.06.25	Updated to reflect newly published unit.
17.07.25	Updated to reflect newly published unit on the website.
26.07.25	Updated to reflect our newly published Drawing units.
01.08.25	Changes to the order of the Year 3 units to move Eating seasonally to Summer 1.
28.08.25	Updated to reflect newly published unit on the website.
22.10.25	Updated to reflect newly published unit on the website.
15.12.25	Updated to reflect newly published unit on the website; some previously optional units moved to the archive.
12.02.26	Updated to reflect newly published units on the website.